

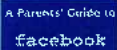
Where can I find information about Internet Safety?

Parents Protect!

Parents Protect! summarises the key risks that children and young people can face online including grooming, cyber bullying, gaming and sexting. Find top tips about how to keep your children safe online.

www.parentsprotect.co.uk

On the Parents Protect website you can access 'A Parents' Guide to Facebook' which gives advice on how the social networking site can be used safely.



There is also a useful check list on www.saferinternet.org.uk you can go through with your child to ensure their profile is as safe as possible.



Google Family Safety Centre provides parents and teachers with practical tools to help them choose what content their children see online. Look out for the video tips on how to set up safe searching on Google and YouTube.

www.google.co.uk/familysafety

N.B. Each of the search engines e.g. Yahoo, Virgin, Bing! will have their own Internet safety pages. You can search for these on their home pages.



Think U Know provides the latest information on the sites young people like to visit. It is separated into sections relevant for children aged 5-7, 8-10 & 11-16 years old. There is also a 'parent/carer' and 'teacher/trainer' section. Find out what's good, what's not and what you can do about it. www.thinkuknow.co.uk

N.B. On this site there is a 'Webcam with Confidence' Factsheet to help you sit down with your child and educate them around how to use webcams safely.



Vodafone's magazine 'Digital Parenting' gives information and advice about the technology your child might be using:

www.vodafone.com/content/parents.html. On the website you can also access 'How to' guides, including a 'How to...set up YouTube Safety Mode'.

N.B. Each mobile network e.g. O2, Orange, 3, etc. have their own Internet safety pages. You can search for these using a search engine.



Parents' Guides to Snapchat, Instagram and Google+ can be found on www.connectsafely.org/safety-tips-advice

Internet Safety videos

Jenny's Story depicts the risks involved in giving out too much personal information online. www.childnet-int.org/jenny/index.html

Jigsaw: for 8-10 year olds enables understanding of the importance of children being protective of their personal information online, as they are offline. www.youtube.com

Let's Fight It Together is about the consequences of cyber bullying. www.childnet.com/resources

Exposed refers to 'sexting' – what it is and why it's a bad idea. www.parentsprotect.co.uk/sexting.htm

Teach the SMART rules



SAFE – Staying safe online involves being careful and thinking about whether it is safe to give out personal information.



MEETING – Meeting up with someone you have contacted in cyberspace can be dangerous. Only do so with your parent's/carer's permission and when they can be present.



ACCEPTING – Accepting e-mails or opening files from people you don't know can be dangerous – they may contain viruses or nasty messages.



RELIABLE – Anyone can put anything on the Internet - remember people can lie and not be who they say they are in chat rooms.



TELL – Tell your parent/carer or teacher if someone or something makes you feel uncomfortable or worried.

Cyberbullying safety advice

- Talk to your child to ensure they know what to do if they or a friend are victim to cyberbullying.

Key messages to communicate to your child:

- Tell a trusted adult straightaway if something worrying happens online
- Don't reply to any nasty messages
- Save messages so you can show them to the trusted adult you tell
- Don't send anything to anyone if you don't feel comfortable or it doesn't feel right
- Turn off the computer!
- If you don't feel able to talk to a trusted adult, go to www.beatbullying.org or call ChildLine



How do I report illegal content or inappropriate contact?

You can report criminal online content securely and anonymously to the Internet Watch Foundation (IWF) www.iwf.org.uk



You can also report criminal content to your Internet Service Provider.

If you have suspicions about a particular person's behaviour online, you can report them to the Child Exploitation and Online Protection Centre (CEOP) www.ceop.police.uk



The Kidscape website provides advice including leaflets/resources about cyberbullying. www.kidscape.org.uk

The Cybersmile Foundation run a cyberbullying advice line 0845 688 7277

Visit their website for information and advice about cyberbullying. www.cybersmile.org